# Eating Disorder Section of the Hungarian Psychiatric Association – aims and achievements

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Paper read at the Jubilee Congress on Eating Disorders 2010, The 18thInternational Conference, October 21-23, 2010, Alpbach, Tyrol, Austria The Eating Disorder Section of the Hungarian Psychiatric Association was formed in 2005.

### The aim was

- to gather the psychiatrists and psychologists working in this field,
- to coordinate the clinical work,
- to help the knowledge about eating disorders,
- to stimulate research activity.

## The initial steps were made by to major institutes:

- National Psychiatric and Neurologic Institute in Budapest.
- Department of Pediatrics No I, Semmelweis University, Budapest.

The members of the Section are psychiatrists, clinical psychologists and students, but other experts (e.g. dieticians) would be also welcomed.

There are 30 members at present, and about 15 is very active in the group.

We have monthly meetings with the discussion of some new publications, and prepare the next meetings and conferences. Clinical and research issues are always in the foreground of the work.

From 2006 the Section organizes a biannual meeting on eating disorders – alternating with the ECED general meetings.

The number of participants are between 200 and 300.

The third meeting was held in September 17-18, 2010.

### Research

Some members work in the university, and are involved in research work.

The members of the Section on Eating Disorders are mainly working on clinical and epidemiological topics.

There are some collaborations with European centers, e.g. with London, Leuven, Innsbruck, Cluj-Napoca.

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